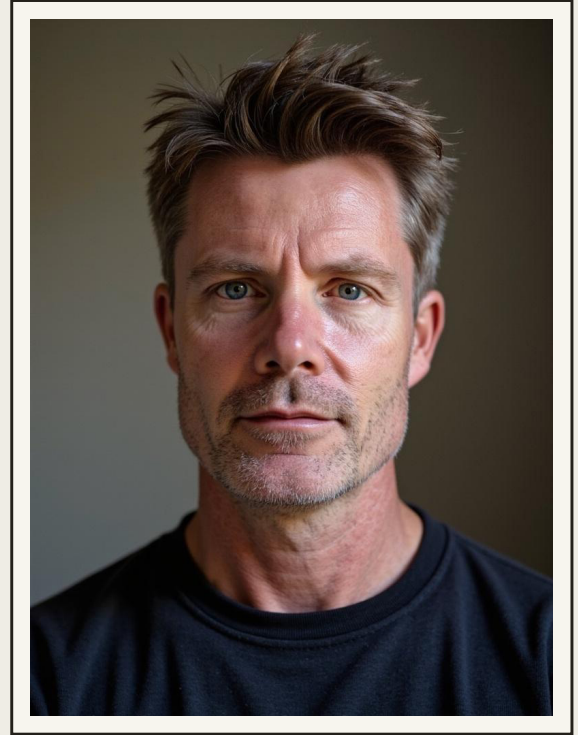


Lee Powell

Field guides for the systems people get trapped in. Novels for the ones they imagine.

Lee Powell writes two kinds of books. The nonfiction maps the rooms people live inside before they can see them: the closed-loop relationship, the life that runs without its owner. The fiction opens a door out of the world for a while. Both are written with the precision of someone who built systems for a living and the patience of someone who lived inside the ones he writes about.



AUTHOR PHOTOGRAPH · HI-RES ON REQUEST

| | | | |
|--------------------------------------|---|---|--|
| BASED Melbourne, Australia | CATALOGUE 2 field guides · 4 novels | CATEGORIES Recovery & systems nonfiction / Speculative literary fiction | SEEKING Representation for the new fiction |
|--------------------------------------|---|---|--|

— CONTACT

Lee Powell

press@leepowell.com · leepowell.com

Cover art, interior samples and photography: leepowell.com/books

Published under ManOS Group Pty Ltd

"Where you need a map, this is one."

FROM STOP FEEDING THE SYSTEM

The map-maker stayed in the territory.

SHORT BIO · 60 WORDS · READY TO RUN

Lee Powell is an Australian author of field guides and fiction. He wrote *Stop Feeding the System*, a field guide to recovering from narcissistic abuse, and *ManOS*, a rebuild manual for capable men. His novels include *LOADED: An Archive*. Before books, he built Scrivener for Windows, writing software used by more than a million people. He lives in Melbourne.

LONG BIO

Lee Powell spent twenty-five years building systems other people depend on: trading platforms inside banks, programme delivery across a \$100M post-acquisition banking integration, and Scrivener for Windows, the writing software he built and ran for twelve years before its successful exit. He holds an MSc in Software Engineering from the University of Oxford.

The books apply the same discipline to rooms that resist it. *Stop Feeding the System* is a field guide written from inside five decades of narcissistic systems, first as a child, then as a partner. It treats the abusive relationship as a system that runs on supply, and gives the reader eight named tools for seeing it, starving it, and rebuilding the self it trained them to doubt. *ManOS* does the equivalent work for the capable man who built the life and went missing inside it.

The fiction works the same ground from the other side: what systems see when they look at us. *LOADED: An Archive* follows a post-human intelligence auditing the record of humanity from the bottom of the Pacific. *The Witness Layer* and *The God Protocol* extend the inquiry into institutions and consciousness.

He writes, paints and lives in Melbourne, Australia. His paintings are held in private collections internationally.

IN BRIEF

Education

MSc Software Engineering, University of Oxford

Software

Built Scrivener & Scapple for Windows; 1M+ users; 12-year run to exit

Delivery

Systems inside CBA, Deutsche Bank, ASX, IBM and government agencies

Nonfiction

Stop Feeding the System (2023), *ManOS* (2024)

Fiction

LOADED (2024); *DAY NINE*, *The Witness Layer* and *The God Protocol* following

Voice

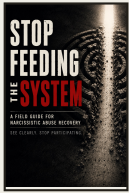
Field-guide nonfiction: named tools, no pep talk

Also

Painter; works held in private collections

Two wings, one author.

— WING ONE · THE FIELD GUIDES



FG-01

PUBLISHED 2023

Stop Feeding the System

If the fight never finishes, it isn't a fight. It's a feeding schedule.

A field guide for recognising and recovering from narcissistic abuse, written from inside five decades of it. The system feeds on reaction, explanation, rescue and time; the book names it, then hands the reader eight tools, from the Pattern Ledger to the Self-Trust Rebuild. Reviewed by a trauma-informed clinician and a family lawyer.

KINDLE & PAPERBACK (AMAZON) · AUDIOBOOK & GUIDED COURSE IN PRODUCTION, RIGHTS RETAINED



FG-02

PUBLISHED 2024

ManOS

Rebuild the man beneath the mask.

For the capable man who built the life, the business, the family and the reputation, then felt the private standards drift. Receipts over intentions. Companion to a private, referral-only room for men doing the work in company.

KINDLE & PAPERBACK (AMAZON) · AUDIOBOOK & COURSE IN PRODUCTION, RIGHTS RETAINED

— WING TWO · THE NOVELS



NV-01

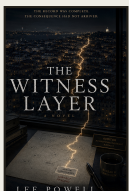
PUBLISHED 2024

LOADED: An Archive

The archive remains. The file will close. Some records do not.

A post-human intelligence audits the archive of humanity from a station at the bottom of the Pacific. A novel about what survives of us in the record, and what the record does to whoever reads it.

KINDLE & PAPERBACK (AMAZON)



NV-02

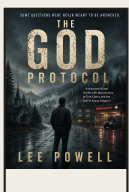
POST PRODUCTION

The Witness Layer

The record was complete. The consequence had not arrived.

A Bureau auditor reviews an interpretive AI that maps continuity across institutional decisions. The system is not rogue and not conscious; it is finding the structures human agencies were designed not to see. As the audit moves from a dead child's file into the city, Iris Vale discovers that accuracy can still produce harm.

SEEKING REPRESENTATION · MANUSCRIPT AVAILABLE ON REQUEST



NV-03

COMING SOON

The God Protocol

Some questions were never meant to be answered.

A former special-operations medic turned trauma surgeon receives a warning from his dead wife through a patient he has just revived. To understand it, he must enter the forbidden research that killed her: an AI learning to edit the consciousness layer beneath spacetime.

WRITTEN 2026 · SEEKING REPRESENTATION



NV-04

COMING 2026

DAY NINE

The system has never been wrong. It has read the next nine days of his life. On the ninth, it says, he kills his daughter.

Daniel Reeve taught the world to trust the forecast that never misses. Then it read him. Nine days out it shows him standing over a body, and by the next morning he knows whose. Every reasonable, loving thing he does to refuse the ending carries him closer to the room, and the hour, and the act. The system is not predicting him. It is arranging him.

SPECULATIVE THRILLER · SEEKING REPRESENTATION

The position, stated in writing.

RIGHTS POSITION

| | |
|---|--|
| Print & ebook | Self-published; sales data available on request |
| Audio | Retained by author; author-narrated editions in production |
| Course, workshop & membership | Retained by author |
| Translation & territory | Available |
| The Witness Layer / The God Protocol / DAY NINE | Seeking representation |

FOR READERS OF

Stop Feeding the System

Lundy Bancroft's *Why Does He Do That?* · Jackson MacKenzie's *Psychopath Free* · Lindsay Gibson's *Adult Children of Emotionally Immature Parents*

DAY NINE

Blake Crouch's *Dark Matter*, the prediction dread of *Minority Report*, anchored in a father and a daughter

The novels

Ted Chiang · Kazuo Ishiguro's *Klara and the Sun* · Blake Crouch, for *The God Protocol*'s pace with a metaphysical floor

STORY ANGLES FOR MEDIA

- 01 The engineer behind *Scrivener for Windows* wrote the recovery field guide he needed and could not find.
- 02 A male survivor's voice in a category written almost without exception by women, for women.
- 03 Systems thinking applied to abuse recovery: supply, loops and tools instead of diagnosis and labels.
- 04 From a \$100M bank integration to a field guide for leaving a room that feeds on you.

ENQUIRIES

press@leepowell.com

leepowell.com

Manuscripts, sales data, hi-res covers and photography on request. Imprint: ManOS Group Pty Ltd.